

Reflecting on this past year:

Something I accomplished that I feel really good about is _____.

A risk I took was _____, and it made me feel _____.

One thing I learned about myself was _____.

A challenge I faced was _____, and I handled it by _____.

An experience that brought me joy was _____.

A moment I felt really supported was _____.

Thinking about this year individually and as a team:

One way I'd like to contribute to our team's success is _____.

Something I value in our team is _____.

When I'm at my best, I bring _____ to the team.

One thing I want to understand better about my teammates is _____.

Something that is making me nervous about our team right now is _____.

A difficult conversation our team needs to have is about _____.

Something I'd love to celebrate with the team at the end of this year is

_____.